

Acute Management of TIA Care Bundle		
All Patients Presenting to hospital with TIA should receive:	Date and time of admission ___/___/___ ___:___	Signature Physician/Nurse
<input type="checkbox"/> Evaluation to confirm or exclude a diagnosis of TIA*		
<input type="checkbox"/> Individual evaluation of clinical syndrome and risk profile		
<input type="checkbox"/> ABCD2 assessment when TIA is probable or possible <ul style="list-style-type: none"> A Age: ≥ 60 years (1 point) B Blood pressure: ≥ 140/90mmHg (1 point) C Clinical features: <ul style="list-style-type: none"> ▪ unilateral weakness (2 points), ▪ speech impairment without weakness (1 point) D Duration: > 60 mins (2 points), 10-59 mins (1 point) D Diabetes (1 point) <p>Max score = 7. Interpretation: 5-7 = Higher risk of early stroke recurrence has been observed in large patient groups, particularly if treatment is delayed</p> <p><i>The validity of the ABCD2 score is not established for:</i></p> <p>(1) <i>Younger patients with TIA due to causes other than atherosclerosis (e.g. arterial dissection, endocarditis)</i></p> <p>(2) <i>Posterior circulation territory TIA</i></p>		
<input type="checkbox"/> CT or MRI of brain within 24 hours, if TIA suspected		
<input type="checkbox"/> Imaging of carotid arteries as soon as possible, but no later than 72 hours, if TIA suspected [†]		
<input type="checkbox"/> 12-lead ECG, fasting lipids and glucose, FBC, U+E, coag.		
<input type="checkbox"/> Aspirin, if symptoms resolved (150-300mg one-time loading unless contraindicated)		
<input type="checkbox"/> Early referral to Stroke Specialist team**		
<input type="checkbox"/> Consider hospital admission for selected patients [‡]		

Approved by: National Stroke Programme and Working Group including National Clinical Lead for Stroke Prof. Joe Harbison

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Approval Date: October 2016

Review Date: October 2018

Contact person for queries/feedback: joanmccormack@rcpi.ie

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*TIA Diagnosis:

TIA is defined as: Acute loss of focal *cerebral or ocular* function with resolution of symptoms and signs within 24 hours, presumed due to embolic or thrombotic vascular disease.

The following syndromes are highly unlikely caused by TIA: headache, blackouts, vague generalised weakness, palpitations, seizures, isolated vertigo, bilateral visual blurring

†Carotid Stenosis:

† Patients with stenosis of the internal carotid artery of 50% or more, or carotid occlusion, are at high risk of early stroke recurrence and require early referral to Stroke Specialist and Vascular Surgery teams

**Stroke Specialist Referral:

**Further cardiac and other investigations may be required for selected patients. Treatment of hypertension, elevated lipids, or atrial fibrillation may be required.

‡Admission Criteria:

‡Consider hospital admission for the following patient groups:

1. Recurrent TIAs
2. Symptomatic carotid stenosis $\geq 50\%$
3. Focal motor/speech symptoms and long symptom duration (>1 hour)
4. Unavailability of rapid access to brain and carotid imaging
5. Young patient with likely TIA due to non-atherosclerotic disease
6. Poor social supports to activate emergency stroke services in event of recurrent TIA/stroke

*Source: Irish Heart Foundation, European Stroke Organisation, American Stroke Association Guidelines

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