



DIABETES

Foot Screening and Education of the Patient with Diabetes

Has attended training Yes No

Self Assessment of Competency

Performance Criteria:

(Tick/date/initial as applicable)

Domain of Practice	Critical Element	Needs Theory Date/Initials	Needs Practice Date/Initials	Competent Date/Initials
1, 2	I can discuss the role and function of clinical practice in the context of An Bord Altranais guidelines in relation to: 1. The Code of Professional Conduct. 2. Scope of Nursing and Midwifery Practice.			
1, 2, 4,	I have competencies to deliver diabetes foot screening and education to patients.			
1, 2	I am aware of the anatomy and physiology of the normal foot.			
1, 4	I practice within my scope of practice to deliver foot screening as per the 'National Model of Care for the Diabetic Foot'.			
1, 2, 3	I can carry out and record screening / history taking and identification of the 'low risk' and the 'at risk' diabetic foot.			
2, 3	I can undertake screening incorporating a foot examination and identification of the "low risk" and the at "risk foot" including: o Foot wear & socks o Skin integrity o Foot deformity o Correct use of 10 g monofilament and 128hz tuning fork o Foot pulse palpation			
2, 4	I can identify the person with diabetes whose feet are i) Low Risk, and ii) At Risk of infection, ulceration and trauma.			
1, 2, 3	I can identify clinical presentations of foot conditions and recognises the associated signs and symptoms.			
2	I can describe and demonstrate the main features and symptoms of ischemia and neuropathy.			
2,4	I am familiar with the documentation required for: Screening of the foot Referral of foot problems (Appendix 3 and 4: Model of Care for the Diabetic Foot)			
2,4	I can accurately and comprehensively document all aspects of foot screening.			
2, 3, 4	I can outline the information and advice given to a patient prior to carrying out foot screening.			

2, 3, 4	I am familiar with the use of screening tools as per the <i>Model of Care for the Diabetic Foot</i> and can demonstrate correct application and maintenance of same.			
2, 3, 4	I can categorise and refer patients when required as per the national model of care for the diabetic foot.			
2, 3	I can provide verbal and written education to patient and carers regarding footcare principles appropriate to the patient risk category including the prevention and early detection of foot problems.			
3	I can discuss the principles of treatment with the patient who presents with foot problems.			
3, 4, 5	I am aware of the role of all members of the multidisciplinary team in caring for the patient with diabetes.			
1, 4	I dispose of all used equipment in accordance with standard precautions and local policies.			
1, 2, 3	I can records screening procedure in patient's clinical record as appropriate.			

I have sufficient theoretical knowledge and practice to undertake screening and education independently, and I acknowledge my responsibility to maintain my own competence in line with the Scope of Nursing Practice

Nurse's Signature: _____ Date: _____

If any deficits in theory and /or clinical practice are identified, the nurse must discuss with line manager / clinical supports (i.e. Diabetes CNS/ Podiatrist) and implement appropriate actions to achieve competency within an agreed time frame.

Action Plan (for use if needed to reach competencies outlined)

Action necessary to achieve competency:

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Date to be achieved:

Supporting evidence of measures taken to achieve competency:

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Nurse's Signature:

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Date: