Background
Kilkenny Memory Clinic was established in 2013. People were presenting to services with obvious cognitive impairments, but no formal diagnosis. There was no existing memory assessment service available in the Kilkenny area. The research review for Ireland's National Dementia Strategy “Creating Excellence in Dementia Care 2012” had highlighted the importance of a timely and accurate diagnosis of dementia (Cahill et al. 2012).

First Appointment:
Full patient narrative taken. Physical and nursing assessments. Blood tests: FBC, U&E, LFT, TFT, Vit B12, Folate, CRP and Serum Calcium. OT Assessments: MOCA, MMSE, RUDAS and Addenbrooke’s along with functional assessments. Full family narrative taken where possible, important to gain collateral history.

Second Appointment:
MDT meeting held about the patient where history and assessment results are collated. Patient and family have a consultation with Gerontologist. A diagnosis given, treatments commenced, or referral for further neuropsychological assessments. Referral to link services as specific to each individual.

Outcomes
The memory clinic highlighted the lack of support available for people in the early stages dementia. DREAM a peer support group now running twice monthly locally facilitated voluntarily by nurses from Memory clinic. Memory Clinic has strengthened links with community services. The introduction of phone follow ups has assisted in the coordination of services. Networking with other services, attending conferences, constantly looking at improvements to service.

References