National Clinical Programmes for MENTAL HEALTH

The National Clinical Programmes for Mental Health were set up as a joint initiative between the HSE Clinical Strategy and Programmes and The College of Psychiatrists of Ireland. The overarching aim of the national programmes is to standardise quality evidence-based practice across the Mental Health Services.

ADVANCES IN CARE IN 2017:

1. SELF-HARM

- Assessment and management of patients who present to Emergency Departments (EDs) following episodes or thoughts of self-harm.
- The programme is now in place in 24 out of 26 EDs, ensuring that every person who presents to the ED following episodes or thoughts of self-harm receives a standard assessment from a nurse specialist.
- Next of kin will receive advice on suicide prevention and the patient will be linked with the next appropriate line of care.

2. EARLY INTERVENTION PSYCHOSIS

- 199 Clinicians across Mental Health Services have been trained to deliver Behavioural Family Therapy (BFT) to support families and individuals affected by psychosis.
- Supervision structure is in place to reflect and develop BFT skills.

3. EATING DISORDERS

- Training and recruitment of specialist teams to support patients who present with eating disorders.
- 200 Clinicians trained in MARSIPAN across Mental Health Services and Acute Hospitals.
- 33 Clinicians enrolled in online training programmes for Enhanced Cognitive Behavioural Therapy (CBT e).
- Supervision groups held for Clinicians trained in Family Based Therapy (FBT) and CBT e to further skills.
- 3 specialist teams for Eating Disorders have been funded: 2 teams for child and adolescent services and 1 team for adult services in both Cork and Dublin.
- Data collection for FBT and CBT e tracks the number of clinicians delivering intervention and the numbers of patients receiving treatment, securing additional resources for training and supervision.

*The information presented is not representative of formal/national KPI indicators but rather information extracted based on a pioneer or demonstrator project

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