Management of Adult Malnutrition in the Community- ‘The Midlands Model’

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Results

- Significant increase in nutrition knowledge among healthcare professionals sustained at 6 months (P<0.000*). (Kennelly et al 2010)
- 90% community nurses aware of guidelines and received training. (Local Audit 2011)
- 62% increase in screening for malnutrition by primary healthcare professionals (P<0.000*). (Kennelly et al 2011)
- Improved ONS prescribing practices – targeted to patients who need them (P<0.000*) (Kennelly et al 2011)
- Malnourished patients successfully treated with weight and body mass index improvements after 3 months of dietetic intervention (P<0.000*). (Kennelly et al Unpublished data)
- Positive patient experience-high satisfaction ratings (Independently measured). (Kennelly et al, Unpublished data)

Conclusion

‘The Midlands Model’ for the management of malnutrition has potential to generate healthcare budget savings through better identification and treatment of malnourished patients & more appropriate prescribing of ONS.

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References

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