Rehabilitation without Walls
Reconfiguration of a National Paediatric Service
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Aims & Objectives
The project was initiated in response to key challenges to the NRH Paediatric Service:

• New developments within Paediatric and rehabilitation services
• Lengthy waiting lists
• Insufficient staffing
• Unnecessary hospitalisation of children

The aim was to align the NRH Paediatric service with the models of care developed by HSE National Paediatric Clinical Programme and the Rehabilitation Medicine Programme.

Method:
1. Collaborative review of the NRH Paediatric Programme highlighted key areas for change.
2. Engagement with the CSPD National Paediatric Clinical Programme and the Rehabilitation Medicine Programmes - development of a model of care based on international best practice.
3. Framework formed the basis for a change management project within the current service to reconfigure resources and provide new ways of service delivery.

Outcomes:
1. Increased capacity within current resource of ca. 40%
2. Moved from bed occupancy led service to a “children served” approach
3. Broader range of service options including:
   • full rehabilitation programmes
   • assessment beds
   • outpatient treatment and clinics
   • pre and post discharge outreach services
4. Process Changes
   • waiting list management
   • treatment modalities
   • treatment capacity
   • data collection

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>NRH Paediatric Programme Activity</th>
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<tbody>
<tr>
<td>1</td>
<td>Clear Care Pathway</td>
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<tr>
<td>2</td>
<td>Increased in patient activity</td>
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<tr>
<td>3</td>
<td>Increase in OPD clinics and treatment</td>
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<td>4</td>
<td>Core “direct” treatment hours</td>
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<td>5</td>
<td>Increased outreach capacity/services</td>
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<td>6</td>
<td>Reduction in unnecessary hospitalisations of children</td>
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<td>7</td>
<td>Improved staff morale</td>
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<td>8</td>
<td>Structured education programme for community colleagues</td>
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NRH Paediatric Programme Activity
- OPD/Day Services: 31 Aug-16, 38 Aug-16
- Inpatients: 9 Aug-15, 14 Aug-16
- Review Patients Seen: 25 Aug-15, 27 Aug-16
- New Patients: 27 Aug-15, 27 Aug-16