Activity Levels
- Ongoing work with 120-150 families
- 1,200 hr’s of Psychotherapy given Yearly
- 12-15 groups running ongoing
- 200 professionals trained in 2015.

The Springboard Project
Integrated Health and Social Care Initiative

Social

Psychological

Activity Levels
- Ongoing work with 120-150 families
- 1,200 hr’s of Psychotherapy given Yearly
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- 200 professionals trained in 2015.

Contact Information:
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Kidscope
Paediatric Screening Clinic
Improving the health of infants and their parents

A Multiagency initiative to get earlier access to families in need

PHN’s
Early Access to Baby and Parents

Refer Child

Paediatrics
X 3 Paediatricians attend clinic
Screen children in community based clinic

Refer Parents

Refer Child

Specialized Health Interventions

Psychological Supports
Psychologist & Social Worker Attend Clinic
Social Supports
Title of Study:

Connecting the local, the professional, the political and the social- Integrated Health and Social Care in Action- Lessons from the Springboard Experience

Abstract

This presentation provides an account of Integrated Health and Social Care Programmes administered in two RAPID identified areas. It analyses a four-year programme conducted by the Springboard Project using Integrated Care principles to connect the discourses of Mental Health, General Health, Child Development and Family Support.

It combined statutory agencies with community and voluntary sectors and presents a bird’s eye view of integrated care programmes in such areas.

A theoretical framework that supports working at integrated levels is outlined and developed. The project was founded on integrated care and people centred values. Rooted in such values subsequent interventions developed in surprising and sometimes unexpected ways.

Concepts such as the Local the Professional and the Social are unpacked using a discourse analysis lens. It explores how the discourse of the Political can intercede in this process and looks at the importance of language and good Relationships.

The presentation will look at these examples and pose a number of important questions. What are the obstacles and challenges and what can be achieved? Are the results transferrable to other settings?

What important lessons emerged? How can health and social care services become more integrated?

The presentation outlines a number of programmes and interventions in some detail. These include a description of a locally available Counseling/Psychology support to our most vulnerable citizens where the therapeutic and the practical combine.

It also describes a community based Pediatric Clinic where the Medical the Psychological and the Social operate well together using Integrated Care Planning.

At the Universal level the study describes participation in the Government led ABC anti poverty initiative. It concludes by advocating that programmes need to include general health and well being with targeted specific interventions to our most vulnerable citizens in integrated care packages.

The ideas presented in this study are new and unique and were developed during a time of austerity. They point to innovation creativity and integrative care planning. They are relevant to all health and social care staff involved in planning delivering and evaluating services in the community.

Gerard Phillips
Just for Dads

An Opportunity for Dads to explore their relationships with their children

An Ghníomhaireacht um Leanaí agus an Teaghlach

Child and Family Agency

Springboard

University College Cork, Ireland

Coláiste na hOllscoile Corcaigh

TUSLA

An Ghníomhaireacht um Leanaí agus an Teaghlach
Child and Family Agency
Children learn more from who you are than what you teach

W.E.B. Du Bois

This programme will run for a 10 week period, 1.5 hours each week.

Location
Linkpoint Building, Knocknacarry, on Harbourview Road opposite Hollyhill Supervalu

Time
10am – 11.30am each Wednesday

Dates
September 30th
October 7th 14th 21st
November 4th 11th 18th 25th
December 2nd 9th

For further information about this programme, contact:

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Lynda Monahan 087 202 0715
lynda.monahan@hse.ie

An opportunity for dads to explore their relationships with their children

Springboard

TUSLA

UCC
Philosophy of this Programme

Dads are their child’s first and foremost male role model and we recognise that while fatherhood is important it can sometimes be difficult and challenging.

We would like to offer a safe space for fathers to come together to support and learn from each other.

This 10 week programme will be confidential, non-judgemental and hopefully an enjoyable and informative experience for all involved.

Objectives / Goals

This programme will aim to:

- highlight how important dads are to their children’s development
- be centred around dads; to help strengthen their resilience and build self-esteem
- support dads to explore and develop their relationships with their children
- increase awareness around the benefits of having a positive relationship with the children’s mother
- create a supportive environment that will promote shared learning among dads
- give dads the opportunity to learn practical tools to manage difficult situations relating to their children
- create a learning experience for all those involved which can inform future programmes and practice

Outline

1. Introduction & Exploring Fatherhood
2. Child Centred Fathering
3. Building Relationships with Children
4. Listening to Children
5. Stages of Child Development
6. Positive Well-being (Dad and Child)
7. Dynamics of Family Communications
8. What about Discipline?
9. Where to Now?
10. Celebrating Dads (Award Day)