Mr. & Mrs. O’ Donoghue,
Oaklands Nursing Home,
Derry,
Listowel,
Co. Kerry.

6th December, 2006

Amended Inspection Report

Dear Mr.& Mrs. O’ Donoghue,

The Nursing Homes Inspection Team visited Oaklands Nursing Home on 13th October, 2006.

There were 28 residents on this date. The Nursing Home is currently registered for 31 residents.

Building extension to home is in progress at present.

Enclosing excerpt from guidelines concerning hand washing facilities from “A Strategy for the Control of Antimicrobial Resistance in Ireland” SARI. The full report may be downloaded from internet. Please note recommendation re.location of hand wash sinks, that taps should be hands free and of mixer type, with a view to possible incorporation in new extension.

The following non-compliance of the Health (Nursing Homes) Act, 1990, and subsequent Regulations, were noted:

Article: 10.5(d):
“The registered proprietor and the person in charge of the nursing home shall ensure that: a sufficient number of competent staff are on duty at all times having regard to the number of persons maintained therein and the nature and extent of their dependency.”

Article 27(a):
“The registered proprietor and the person in charge of the nursing home shall: take adequate precautions against the risk of
fire, including the provision of adequate means of escape in the event of fire and make adequate arrangements for detecting, containing and extinguishing fires, for the giving of warnings and for the evacuation of all persons in the nursing home in the event of fire, and for the maintenance of fire fighting equipment.”

Non-compliance:
Insufficient staffing levels, particularly at night, taking into consideration (a) the layout and size of Nursing Home, and (b) the number of maximum dependency (11) and high dependency (7) clients subvented by the HSE Southern Area. There were 28 residents in the Nursing Home on date of inspection. The registered capacity of the Nursing Home is 31. Eight residents accommodated upstairs in old section of Nursing Home with wooden floor and wooden internal stairway access. Staffing levels at night from 11.30p.m – 8.00a.m is 1 Nurse and 1 Carer.

The roster was discussed with the Nurse in Charge at the time of the inspection. The roster showed:

<table>
<thead>
<tr>
<th>Time</th>
<th>Nurse</th>
<th>Carer</th>
<th>Cook</th>
<th>Domestic</th>
<th>Maintenance</th>
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</thead>
<tbody>
<tr>
<td>8am - 8.30am</td>
<td>1</td>
<td>2</td>
<td></td>
<td></td>
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<tr>
<td>8.30am – 9.30am</td>
<td>1</td>
<td>3</td>
<td>1</td>
<td></td>
<td></td>
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<tr>
<td>9.30am – 2pm</td>
<td>1</td>
<td>4</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>2pm – 5.30pm</td>
<td>1</td>
<td>3</td>
<td>1</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>5.30pm – 11.30pm</td>
<td>1</td>
<td>3</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11.30pm – 8am</td>
<td>1</td>
<td>1</td>
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</tbody>
</table>

Action Required:
- Increase staffing level at night to ensure adequate staffing level for care and for evacuation of residents in the event of fire at night.
  Recommend reviewing staffing levels at all times taking into account the dependency levels of clients and the layout of the building.
  Recommended minimum staffing level:
  - 1 nurse/carer per 5 residents on am duty
  - 1 nurse/carer per 7 residents on pm duty
  - 1 nurse/carer per 10 residents on night duty
  - 1/3 of care staff should be nurse

Due to layout of building the staffing level may need to be greater than minimum recommended levels to ensure fire safety.

Timescale: Immediately

RECOMMENDATIONS:

Article 27.(b) “The registered proprietor and the person in charge of the nursing home shall: — make adequate arrangements to secure by means of fire drills and practices that the staff, and so far as is practicable, dependent persons in the nursing homes, know the procedure to be followed in the case of fire;”

Recommendation: It is recommended that an in house fire drill be carried out at least every 6 months in addition to the annual fire training provided by an external fire consultant.

Timescale: Immediately

Article 5(e) “The registered proprietor and the person in charge shall ensure that there is provided for dependent persons maintained in a nursing home:— opportunities to participate in activities appropriate to his or her interests and capacities;”

Recommendation: Activities offered include Bingo weekly, singing 3 times/weekly and some social activities with a student 1/weekly.

Information given to Person in Charge re. source of training in dementia care. Recommend that art therapy be offered and activities such as Sonas which are developed for stimulation of residents with dementia. Recommend that social activities are offered daily to improve quality of life for residents.

Article 11.2(f) “In every nursing home there shall be provided suitable and sufficient accommodation which meets the minimum standards as follows:- suitable and sufficient equipment and facilities having regard to the nature and extent of the dependency of the persons maintained in the nursing home;”

Recommendation: Recommend that special weighing scales be acquired for non-ambulant patients to monitor weight.

Article 27(a): “The registered proprietor and the person in charge of the nursing home shall: take adequate precautions against the risk of fire, including the provision of adequate means of escape in the event of fire and make adequate arrangements for detecting, containing and extinguishing fires, for the giving of warnings and for the
evacuation of all persons in the nursing home in the event of fire, and for the maintenance of fire fighting equipment.”

Recommendation: Eight residents accommodated upstairs in an old section of Nursing Home with wooden floor and wooden stairs access. Some of these residents would be unable to manage stairs alone. Recommend that residents who cannot manage stairs alone are not accommodated upstairs if possible. See “Fire Safety in Nursing Homes” published by Department of the Environment, July 1996 4.3.9 “where practicable those persons who are unable to use stairs should be accommodated on the ground floor storey.”

The Chairperson of the Inspection Team is to be notified indicating the steps taken by the home to carry out the actions as required under the regulations.

Signed:

<table>
<thead>
<tr>
<th>Chairperson</th>
<th>Inspection Team Member</th>
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<tr>
<td>Senior Medical Officer</td>
<td>Assistant Director of Public Health Nursing</td>
<td>Senior Environmental Health Officer</td>
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</table>

cc. Person-in-Charge