

National Lead NCHD Update

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NATIONAL DOCTORS TRAINING AND PLANNING

December 2016

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National Lead NCHD Update

Hi Everyone,

I just want to wish you all a very happy Christmas and all the very best for 2017. To those of you who are moving hospital and onwards from the Lead NCHD – thank you for your hard work and best wishes with your new job. I would like to remind those of you staying in post in January to explore the potential of your involvement in the upcoming induction programme in your hospital. The blogs from those who attended Liverpool are uploaded onto the website so I would encourage you to read and enjoy them.

As mentioned at the Lead NCHD workshop, if you are interested in seeking funding for various projects that you want to pursue please come back to me before January 14th as we hope to be able to support local initiatives. If anyone would like to have Karen Brennan, selfcare for carers visit their hospital – National HR are willing to provide this – get in touch or indeed if anyone would like a Coach.

The next Lead NCHD Workshop will be held on the 24th of February 2017 and I provide further details in the New Year. I would ask that you highlight to our colleagues in Psychiatry the Lead NCHD role will be recruited in January.

Thank you and wishing you a peaceful, happy Christmas and all the very best for 2017 and beyond.

Catherine

Dates for your diary

Planning the Medical Workforce of the Future – Wednesday 18th of January 2016, Dublin Castle

Neurotransmitter – Innovation competition – University Hospital Galway, Launching 26th of January 2016 (evening event)

Developing Electronic Health Record (Personas Development) – 31st of January and 1st of February at Dublin Castle (organised by E Health Ireland)

Navigate – Consultant Application and Appointment uncovered – Thursday February 23rd 2016, Ashling Hotel, Dublin

Lead NCHD Workshops – Friday, February 24th and Thursday, May 25th

Early Leaders Workshop – 2nd of March 2017

Recent events:

Clinical Handover

Since the last newsletter, a number of events have been held concerning clinical handover – the feedback from these workshops is being collated and the report will be provided to relevant individuals and departments. Thank you to all who attended the events - 20 hospitals were represented at the Lead NCHD hosted event on November 22nd.

Lead NCHD Workshop – December 2nd 2016, Dr Steevens Hospital

The workshop on December 2nd 2016 was well attended and Professor Jim Lucey, Medical Director, St Patrick's Mental Health Services, Sinead Burke- blogger, PhD candidate, Chair of Inclusive Fashion & Design Collective, ISPC Childline ambassador and Alex Wright, Race Walk Athlete and Irish Olympian inspired us all on a conversation that covered leadership and resilience.

Ms Karen Brennan, from Self care for Carers facilitated a mindfulness session for us and she has kindly requested that we complete the feedback - [1 minute feedback form on Friday NCHDs relaxation session](#) – hopefully this link should work. The resources she provided are attached to this email.

The actions arising from the Lead NCHD Committee meeting will be circulated separately.



*Photos from
our most recent
Lead NCHD
Workshop*

Current Happenings!

We discussed sharing what is happening in different hospitals - so here is some of what is happening – photos and stories are welcome. This months have a definite seasonal twist.

Occasional Act of Kindness was launched in Letterkenny 2016 – Staff were treated to mince pies with carol singers present too organised by Lead NCHD Dr Anna Mc Hugh supported by Staff Health and Wellbeing, National HR whilst her NCHD colleagues organised a Christmas Jumper Day and Giving tree in aid of the St Vincent De Paul locally. If you are interested in this initiative – please get in touch



Above: Occasional Act of Kindness launch in Letterkenny University Hospital

Dr Deirdre Cahill in **Wexford General Hospital** has been organizing a Bake Off between various departments within the hospital with the final last Friday – with reports of improved relationships between NCHDs across different departments.



Some of the baked delights presented in Wexford General Hospital (left)

Christmas Jumpers and buckets at the ready in the Mater Hospital (right)



In the Mater Hospital, Dr Warren Connolly, Dr Peter Neary and NCHD colleagues organised a Christmas Jumper Day and collection in aid of various charities including St Vincent de Paul and the Samaritans.

Upcoming Events!

Neurotransmitter – Innovation competition – University Hospital Galway, Launching 26th of January 2016

Funding has been secured for Neurotransmit along with support from E Health Ireland, Bioinnovate, National Digital Research Centre, NUIG and University Hospital Galway / SAOLTA Group. This innovation competition will launch on January 26th. If you are interested please get in touch or indeed follow the competition on twitter at Neurotransmitter @Innovate2017



Navigate – Consultant Application and Appointment uncovered – February 23rd 2016, Ashling Hotel, Dublin

Speakers are currently being confirmed for “Navigate”. Based on feedback provided by recently appointed Consultants – this evening will target those applying or potentially applying for Consultant posts in the next two years. Please feel free to spread the word. An eventbrite page will be circulated in the first week of 2017.

Early Leaders Workshop – 2nd of March 2017

We will be hosting a workshop for NCHDs who are not currently Lead NCHDs but are interested in the role on March 2nd 2017. If you know if NCHDs who might be interested but are moving jobs in January – maybe nominate them now before the changeover..

National Employment Record – next steps

NDTP and National Health and Wellbeing along with Occupational Health Departments are working together to develop an online occupational health module for all NCHDs. This will facilitate us completing our health assessment questionnaire online confidentially. The module will only be accessed by the NCHD and relevant Occupational Health at that time. Medical HR will not have access to this data. It is envisaged that this module will be introduced by May 2017 in time for July handover.

Resources:

- Coaching is a form of professional support that can facilitate career development including improving our effectiveness in our personal and professional careers. A number of Lead NCHDs following recent conference are interested and it is recommended for doctors in leadership in literature – if interested please let me know and I can signpost you!
- The Change Hub exists to support all staff. Attached is a summary of the HSE Change Management Resources, which explains the Change Hub facilities, as well as a few guidance screen shots on how to register and access the Hub. If you need anything further, just let me know.