



Date: 30th June, 2020

Circular Number: NCO-09-2020

Re: Structured Chronic Disease Management Programme:

Dear Doctor,

You will be aware as referenced in NCO-07-2020, that agreement has been reached with the IMO on a range of issues including Structured Chronic Disease Management (CDM).

The purpose of this Circular **NCO-09-2020** is to provide you with the details pertaining to a Modified Structured Chronic Disease Programme (MCDM) that has been developed in response to the public health advice issued to those aged over 70 years during the COVID-19 pandemic in 2020.

The Modified Structured Chronic Disease Management Programme (MCDM)

The first phase of the Structured Chronic Disease Management Programme 2020 – 2023 (CDM) commenced earlier this year prior to the introduction of measures aimed at mitigating the impact of COVID-19 in this country. The Modified Structured CDM Programme (MCDM) is in line with the original Agreement which remains subject to an “opt in” basis for GMS Contract holders to whom the Service Modernisation and Reform Measures outlined in the Agreement apply. I should point out however, **that if you have already submitted a CDM opt in form to the HSE there is no need to do so again.**

To support eligible patients in managing their chronic condition(s) throughout the remainder of this year, the following has been agreed:

- The Modified Structured CDM Programme (MCDM) will operate from 1st July 2020 until 31st December 2020.
- During this time, the Modified Structured CDM Programme (MCDM) has been extended to adult GMS & GP Visit Card patients aged 70 years and over who have a diagnosis of one or more of the following conditions. Asthma, Type 2 Diabetes, Chronic Obstructive Pulmonary Disease (COPD), Cardiovascular Disease including stable Heart Failure, Ischaemic Heart Disease, Cerebrovascular Disease (Stroke / TIA) and/ or Atrial Fibrillation as set out in the GP Agreement 2019.
- In respect of those patients aged 70 years and over, with a medical card or GP visit card and with one or more chronic diseases, as defined in the GP Agreement, one Modified CDM review may be provided by you (and practice nurse where appropriate) by telephone / video call during 2020. This review will take place over a scheduled phone / video call with the patient.
- During the course of a remote modified review you may determine, using your clinical judgement and in consultation with the patient, that your patient requires, a review in the surgery for a full chronic disease review including phlebotomy. You may request that this patient attend in person and following completion of the physical exam you can make the full data return.
- A written Care Plan must be issued by you to the patient following the completion of the CDM review regardless of whether the review is the modified review or an in surgery review.
- Patients to whom you have provided a Structured CDM review between the 1st January and up to 31st May, 2020, are eligible for inclusion in the Modified Structured CDM Programme (MCDM) once there is at minimum four



months between reviews. i.e. Only eligible patients seen from 1st January to 31st May, 2020 are eligible for a second review in 2020.

- The Modified Structured CDM Programme (MCDM) allows for patients to have one review (either a CDM or a MCDM) from 1st June 2020 to the 31st December 2020 either remotely over the telephone / video or through an in person review in the GP surgery.
- A Modified Structured CDM dataset has been agreed for reviews completed remotely over the telephone / video.
- Once a modified review is submitted, it is not possible to add to it later to transform it into a full review.

Modifications to IT Systems

As you will be aware extensive work has been undertaken in developing the ICT system to support the roll out of the Structured Chronic Disease Management Programme. The introduction of the Modified Chronic Disease Management Programme (MCDM) has required modification to this ICT solution. The work to implement these agreed modifications is being undertaken by key stakeholders including the respective ICT system vendors (Clanwilliam Health and CompleteGP), PCERS and Office of the Chief Information Office. As you will appreciate they have also been involved in a range of other work to support the delivery of services during the COVID-19 Pandemic and these modifications will take some time to fully implement.

Details required to populate data returns relating to MCDM telephone consultations, that are required prior to the deployment of the modified software in your practice, will need to be recorded and saved in your GP Practice Management system. Once your Practice Management system has been updated, all of the relevant data returns saved since 1st July 2020 can then be submitted to the HSE, and new modified reviews submitted as they are completed. The timelines are set out below.

- Complete GP plan to go live Mid July 2020
- Clanwilliam health plan to go live by 31st July 2020

Nursing Support

In line with the objectives of the original Agreement, to augment Practice Nursing capacity, a grant of €21 per CDM review or modified CDM (MCDM) review in respect of Practice Nurses will be paid for reviews and data returns received by the HSE as at 30th November 2020.

The fee structure and fee rates for the Modified Structured Chronic Disease Management (MCDM) are set out in Appendix 1 Tables 1 & 2 to this Circular.

Opportunistic Case Finding and the Annual Preventative Programme for eligible patients at high risk of cardiovascular disease or Diabetes type 2 are scheduled to be introduced from 2021.

Yours sincerely,

Pat Healy,
National Director,
Community Strategy and Planning.

Appendix 1

Modified Structured Chronic Disease Management (1st July, 2020 to 31st December, 2020)

Table 1 - Modified CDM Review delivered through structured phone / video call

Description – Modified CDM Review delivered through structured phone / video call	Amount
Fee payable in respect of eligible patient (aged 70 years and over) with one of the chronic conditions listed in the Agreement of 2019	€55
Fee payable in respect of eligible patient (aged 70 years and over) with two of the chronic conditions listed in the Agreement of 2019	€65
Fee payable in respect of eligible patient (aged 70 years and over) with three or more of the chronic conditions listed in the Agreement of 2019	€75

Table 2 - CDM In Surgery Review

Description – In Surgery Review	Amount
Fee payable in respect of eligible patient (aged 70 years and over) with one of the chronic conditions listed in the Agreement of 2019	€105
Fee payable in respect of eligible patient (aged 70 years and over) with two of the chronic conditions listed in the Agreement of 2019	€125
Fee payable in respect of eligible patient (aged 70 years and over) with three or more of the chronic conditions listed in the Agreement of 2019	€150