

# Dignity At Work

## Support Contact Persons

A support contact person is an employee of HSE West who has volunteered and received training to provide support and information on the Dignity at Work policy to colleagues who may feel they are experiencing bullying, harassment and or sexual harassment.

### How can a Support Contact Person support me in these circumstances?

Their role is to enable you to better understand the Dignity at Work policy which explains bullying, harassment and sexual harassment. The policy provides information on a range of options available to you. Support Contact Persons are there to assist you over a short period of time, ie. 3-4 visits if required.

### Who will know that I visited a Support Contact Person?

This support is available to all staff on a confidential basis. The only individual who will know about your visit is the support contact person.

### Will the Support Contact Person help me if I am accused of bullying, harassment or sexual harassment?

**Yes**, this support is available to both people who may feel they are being bullied, harassed and or sexually harassed, or by staff who may have an accusation of bullying, harassment or sexual harassment made against them.

### Will the Support Contact Person speak to the person who is bullying, or harassing me?

**No**, this is not their role. They will help you to better understand what is going on, but will not speak to anyone on your behalf.

### Do I have to visit a Support Contact Person in my work area?

**No**, you can choose any Support Contact Person. Support Contact Persons are there to assist you over a short period of time, ie. 3-4 visits if required **or via telephone**.

## Support Contact Persons HSE WEST

Name	County	Contact No.	
Doreen McLaughlin	Donegal	087 0995448	NORTHWEST
John Campbell	Donegal	087 9738238	
Joe Casey	Sligo	087 0998881	
Bernie Kilmartin	Galway	09096 48272	WEST
Helga Buechler	Galway	091 775000	
Margaret Jennings	Galway	094 9023249	
Martina Flaherty	Galway	087 7624464	
Teresa Barrett	Galway	09096 48306	
Valerie Quinn	Galway	087 3297377	
Mary Jo Corey	Clare	087 9372585	MIDWEST
Yvonne Moore	Limerick	061 461345	
Ruth Brennan	Tipperary	086 8187502	