Occupational Health Advice for Symptomatic Healthcare Workers (HCWs) or HCWs with Symptomatic Household Contacts Regarding Fitness for Work

**Version 2**

**Note 1:** If a child or adult with direct care needs with COVID-19 can’t be isolated at home and there is an ongoing exposure risk, household contacts should restrict movements for 17 days from the onset of index case symptoms (or date of test if asymptomatic).

**Note 2:** The HCW cannot be provided with fitness for work advice if the symptomatic 'household contact' has not been assessed by their own medical provider/GP.

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**Symptomatic HCW**
- **DOES NOT meet criteria for testing**
  - May return to work once asymptomatic for 48 hours with no derogation
  - **IF already restricting movement I.e.**
    - Identified ‘close contact’
    - Returning from travel (red list country)
  - Complete ‘Restricted Movement’ Derogation advice may apply

**Asymptomatic HCW tested.**
- **Covid-19 Not Detected**
  - Self-isolate for 10 days from the onset of their symptoms or the date of test if asymptomatic
  - **May RTW 10 days after the onset of symptoms (or date of test if no symptoms) IF without fever for 5 days before RTW AND medically well**

**Asymptomatic HCW with Symptomatic Household Contacts (See Note 2)**
- Household contact DOES meet the relevant criteria for testing following consultation with their medical provider/GP
  - HCW must restrict movement while HH contact is waiting for the test/result
  - Covid-19 Detected
  - HCAW Restricts movement for 14 days from LAST CONTACT with Household contact during their 10 days self-isolation/infectious period. (See Note 1)
  - Covid-19 Not Detected
  - Asymptomatic HCW can return to work with no derogation

- Household contact DOES NOT meet the relevant criteria for testing following consultation with their medical provider/GP
  - Asymptomatic HCW can continue to work with no derogation

**HCW with Household Contact who has been identified as a close contact and is Restricting Movement**
- Household Contact is asymptomatic
  - HCW can continue to work
- Household Contact becomes symptomatic OR test results are ‘Covid-19 Detected’
  - HCW cannot work—must restrict movement

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