

EAP and ME

Employee Assistance Programme

Any of us can feel burdened
by a life or work problem.



The HSE Employee Assistance Programme provides a free and confidential counselling service you can contact at any time.

Call

0818 327 327

to speak to someone
who can help.

 #EAPandME

Go to www.hse.ie/EAPandME to access
our online hub of helpful resources

